

Auburn Community & Events Center Group Fitness Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:10a-9:10a		 Abby		 Abby		
8:45a-9:45a						
9:20a-10:20a	 Laurie		 Laurie	Boot Camp Grace		
10:00a-11:00a						 Amanda
10:30a-11:30a	ZUMBA Claire	Gentle Yoga Dee	 Sarah	Boot Camp Advanced Grace	 Sarah	
12:00p-12:45p	ZUMBA Toning Claire					
4:30p-5:30p		 Amanda		Gentle Yoga Dee		
5:30p-6:30p						
5:40p-6:40p		 Kara		 Kara		
6:40p-7:40p	 Jaye		 Jaye			
6:50p-7:50p		ZUMBA Dixie		ZUMBA Dixie		
7:50p-8:50p						
8:00p-9:00p						

*All classes on schedule are included in the Fitness Membership and available to daily drop-in participants.

*More information and class descriptions available at www.auburnwa.gov/fitness

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