

JULY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY																
<p>1</p> <p>8:30.....Registration Opens 9-4.....* Footcare (HR) 9-11.....Zentangle (LR) 9:30-11:30.....Karaoke (M1) 10-2.....Mah Jongg (R) 10-12.....Independent Living Specialist (L) 1-4:30.....Scrabble (L) 1:30-3:30.....Computer Tutor (C) 2-3.....* Silver Sneakers Classic (CC) 4-8.....Line Dancing Group (LR) 4-8.....Straight Pool (P) 5-9.....Extended Hours 5:30-8.....Pinochle Party (L)</p>	<p>2</p> <p>6-6:30.....* Friday Harbor 8-9.....Silver Sneakers Circuit (CC) 9-10.....Wellness Meeting (CR) 9:30-11:30.....Canasta (L) 9:30-10:30.....Sail (M2) 10-12.....* Massage (HR) 10-12.....Book Club (LR) 11-12.....* Gentle Yoga (CC) 12:30-2.....Computer Tutor (C) 12:45-3:30.....Pinochle Party (L & R) 12:45-2:30.....Bingo (LR) 2-4:30.....Table Tennis (M2-3) 5-9.....Extended Hours 5:30-8.....Mexican Train Dominoes (L)</p>	<p>3</p> <p>10:15-11.....Gameshow (R) 1-3.....Scotch Double Pool Tournament (P) 1-3.....Veterans Meeting (CR) 1-3:30.....Movie: The Post (R) 2-3.....* Silver Sneakers Classic (CC) 4:30-6:30.....Movie: The Post (R) 5-9.....Extended Hours 5:30-8.....Mexican Train Dominoes (L)</p>	<p>4</p> <p>HAPPY FOURTH OF JULY! CENTER CLOSED</p>	<p>5</p> <p>7:45-4:45.....* Dege Peak 9-11:30.....Karaoke (M1) 9:30-10:30.....ORCA Card (L) 10-12:30.....Contract Bridge (R) 10-12.....Computer Tutor (C) 10-11:30.....Social & Criminal Justice Series (LR) 1-4:30.....Scrabble (L) 2-4:30.....Table Tennis (M2-3) 2-3.....* Silver Sneakers Classic (CC)</p>																
<p>8</p> <p>9-4.....* Footcare (HR) 9-11.....Zentangle (LR) 9:30-11:30.....Karaoke (M1) 10-2.....Mah Jongg (R) 1-4:30.....Scrabble (L) 1:30-3:30.....Computer Tutor (C) 2-3.....* Silver Sneakers Classic (CC) 4-8.....Line Dancing Group (LR) 4-8.....Straight Pool (P) 4:45-5:30.....* Senior Dinner (M2-3) 5-9.....Extended Hours 5:30-8.....Pinochle Party (L)</p>	<p>9</p> <p>8-9.....Silver Sneakers Circuit (CC) 9:30-2:30.....* Carbon River 9:30-11:30.....Canasta (L) 9:30-10:30.....Sail (M2) 10-12.....* Massage (HR) 10-11.....Wellness Workshop: Inflammation (LR) 11-12.....* Gentle Yoga (CC) 11:30-1.....Sumer BBQ (M1-3) 12:30-2.....Computer Tutor (C) 12:45-3:30.....Pinochle Party (L & R) 2-4:30.....Table Tennis (M2-3) 5-9.....Extended Hours 5:30-8.....Mexican Train Dominoes (L)</p>	<p>10</p> <p>10:30-12.....Music by Country Fever (M1-2) 12:45-3:45.....* Pool Tournament (P) 1-3.....Veterans Meeting (CR) 1-3:30.....Movie: Book Club (R) 1:30-5.....Pantry Set up (M1) 2-3.....* Silver Sneakers Classic (CC) 4:15-7:45.....*Stanley & Seaforts 4:30-6:30.....Movie: Book Club (R) 5-9.....Extended Hours 5:30-8.....Mexican Train Dominoes (L)</p>	<p>11</p> <p>7:45-5.....* Toppenish Murals 8-9.....Silver Sneakers Circuit (CC) 9-1.....Food Pantry (M1) 9:30-10:30.....Sail (CC) 10-11.....Coffee Hour w/ Councilmembers (R) 11-12.....* Gentle Yoga (CC) 12:45-3:30.....Pinochle Party (L & R) 12:45.....* Senior Golf (AGC) 1-1:45.....Iphones (CR) 1:45-2:30.....Android Phone (CR) 2-4.....Line Dancing (M2-3) 5-9.....Extended Hours</p>	<p>12</p> <p>6:45-3:45.....* Mt Fremont Lookout 9-11:30.....Karaoke (M1) 9-12.....Food Pantry (M1) 10-12:30.....Contract Bridge (R) 10-12.....Computer Tutor (C) 10-11:30.....Social & Criminal Justice Series (LR) 1-4:30.....Scrabble (L) 2-4:30.....Table Tennis (M2-3) 2-3.....* Silver Sneakers Classic (CC)</p>																
<p>15</p> <p>9-4.....* Footcare (HR) 9-11.....Zentangle (LR) 9:30-11:30.....Karaoke (M1) 10-2.....Mah Jongg (R) 10-12.....Independent Living Specialist (L) 1-4:30.....Scrabble (L) 1:30-3:30.....Computer Tutor (C) 2-3.....* Silver Sneakers Classic (CC) 4-8.....Straight Pool (P) 5-9.....Extended Hours 5:30-8.....Pinochle Party (L)</p>	<p>16</p> <p>8-9.....Silver Sneakers Circuit (CC) 9:30-11:30.....Canasta (L) 9:30-10:30.....Sail (M2) 10-12.....* Massage (HR) 10-11:30.....Advisory Council (LR) 11-12.....* Gentle Yoga (CC) 12:30-2.....Computer Tutor (C) 12:45-3:30.....Pinochle Party (L & R) 12:45-2:30.....Bingo (LR) 2-4:30.....Table Tennis (M2-3) 5-9.....Extended Hours 5:30-8.....Mexican Train Dominoes (L)</p>	<p>17</p> <p>9-12:45.....* SHIBA & SRA (HR) 10:15-3:15.....* Locks, Lakes & Lunch Cruise 10:30-12.....Music by: Rio Rockers (M1-2) 12:45-3:45.....* Pool Tournament (P) 1-3.....Veterans Meeting (CR) 1-3:30.....Movie: Can You Ever Forgive Me (R) 2-3.....* Silver Sneakers Classic (CC) 4:30-6:30.....Movie: Can You Ever Forgive Me (R) 5-9.....Extended Hours 5:30-8.....Mexican Train Dominoes (L)</p>	<p>18</p> <p>8-9.....Silver Sneakers Circuit (CC) 8:30-4:30.....* Dental Services (HR) 9:30-10:30.....Sail (M2) 11-12.....* Gentle Yoga (CC) 11:30-12:30.....Birthday/Anniversary Celebration (M 2-3) 12:45-3:30.....Pinochle Party (L & R) 12:45.....* Senior Golf (AGC) 2-4.....Line Dancing (LGB) 5-9.....Extended Hours</p>	<p>19</p> <p>8:30-4:30.....* Dental Services (HR) 9-11:30.....NO Karaoke (M1) 10-12:30.....NO Contract Bridge (R) 10-12.....Computer Tutor (C) 10-11:30.....Social & Criminal Justice Series (LR) 11-2.....Volunteer Awards Banquet (M1-3) 1-4:30.....NO Scrabble (L) 2-4:30.....NO Table Tennis (M2-3) 2-3.....* Silver Sneakers Classic (CC) 4-10.....* The Little Mermaid</p>																
<p>22</p> <p>8:30-12:30.....* Drivers Safety (LR) 9-4.....* Footcare (HR) 9:30-11:30.....Karaoke (M1) 10-2.....Mah Jongg (R) 11-12.....Blood Pressure Clinic (L) 1-4:30.....Scrabble (L) 1:30-3:30.....Computer Tutor (C) 2-3.....* Silver Sneakers Classic (CC) 4-8.....Line Dancing Group (LR) 4-8.....Straight Pool (P) 5-9.....Extended Hours 5:30-8.....Pinochle Party (L)</p>	<p>23</p> <p>8-9.....Silver Sneakers Circuit (CC) 8:30-12:30.....* Drivers Safety (LR) 9:30-11:30.....Canasta (L) 9:30-10:30.....Sail (M2) 9:30-2:30.....* Federation Forest 10-12.....* Massage (HR) 11-12.....* Gentle Yoga (CC) 12:30-2.....Computer Tutor (C) 12:45-3:30.....Pinochle Party (L & R) 2-4:30.....Table Tennis (M2-3) 5-9.....Extended Hours 5:30-8.....Mexican Train Dominoes (L)</p>	<p>24</p> <p>9-12:45.....* SHIBA & SRA (HR) 10:30-12.....Music by Country Fever (M1-2) 11-5.....* Mariners Game 12:45-3:45.....* Pool Tournament (P) 1-3.....Veterans Meeting (CR) 1-3:30.....Movie: Incredibles 2 (R) 2-3.....* Silver Sneakers Classic (CC) 4:30-6:30.....Movie: Incredibles 2 (R) 5-9.....Extended Hours 5:30-8.....Mexican Train Dominoes (L)</p>	<p>25</p> <p>8-9.....Silver Sneakers Circuit (CC) 9:30-10:30.....Sail (M2) 11-12.....* Gentle Yoga (CC) 12:45-3:30.....Pinochle Party (L & R) 12:45.....* Senior Golf (AGC) 2-4.....Line Dancing (M2-3) 5-9.....Extended Hours 6-8.....Painting Club (LR)</p>	<p>26</p> <p>7:45-4:45.....* Sheep Lake 9-11:30.....Karaoke (M1) 10-12:30.....Contract Bridge (R) 10-12.....Computer Tutor (C) 10-11:30.....Social & Criminal Justice Series (LR) 1-4:30.....Scrabble (L) 2-4:30.....Table Tennis (M2-3) 2-3.....* Silver Sneakers Classic (CC)</p>																
<p>29</p> <p>9-4.....* Footcare (HR) 9-11.....Zentangle (LR) 9:30-11:30.....Karaoke (M1) 10-2.....Mah Jongg (R) 1-2:30.....Office Volunteer Meeting (CR) 1-4:30.....Scrabble (L) 1:30-3:30.....Computer Tutor (C) 2-3.....* Silver Sneakers Classic (CC) 4-8.....Line Dancing Group (LR) 4-8.....Straight Pool (P) 5-9.....Extended Hours 5:30-8.....Pinochle Party (L)</p>	<p>30</p> <p>8-9.....Silver Sneakers Circuit (CC) 9:30-11:30.....Canasta (L) 9:30-10:30.....Sail (M2) 10-12.....* Massage (HR) 11-12.....* Gentle Yoga (CC) 12:30-2.....Computer Tutor (C) 12:45-3:30.....Pinochle Party (L & R) 2-4:30.....Table Tennis (M2-3) 5-9.....Extended Hours 5:30-8.....Mexican Train Dominoes (L)</p>	<p>31</p> <p>11:15-2:15.....* Tim's Lunch 1-3.....Veterans Meeting (CR) 1-3:30.....Movie: Grease (R) 2-3.....* Silver Sneakers Classic (CC) 4:30-6:30.....Movie: Grease (R) 5-9.....Extended Hours 5:30-8.....Mexican Train Dominoes (L)</p>	<p>*Pre-Registration Required Legend: (subject to change)</p> <table border="0"> <tr> <td>M (Millennium) 1-2-3</td> <td>HR-Health Room</td> </tr> <tr> <td>L-Lobby</td> <td>H-Hearth</td> </tr> <tr> <td>R-Rotary</td> <td>CB-Coffee Bar</td> </tr> <tr> <td>CR-Conference Room</td> <td>OS-Off Site</td> </tr> <tr> <td>P-Pool Room</td> <td>LGB-Les Gove Bldg</td> </tr> <tr> <td>C-Computer Resource</td> <td>GYM-Parks Gym</td> </tr> <tr> <td>CC-Community Center</td> <td>LR- Lions Room</td> </tr> <tr> <td></td> <td>AGC - Auburn Golf Course</td> </tr> </table>	M (Millennium) 1-2-3	HR-Health Room	L-Lobby	H-Hearth	R-Rotary	CB-Coffee Bar	CR-Conference Room	OS-Off Site	P-Pool Room	LGB-Les Gove Bldg	C-Computer Resource	GYM-Parks Gym	CC-Community Center	LR- Lions Room		AGC - Auburn Golf Course	<p>Check Senior Activity Center or Parks, Arts & Recreation brochures for evening classes.</p>
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AUGUST 2019

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<div style="border: 2px solid black; padding: 5px;"> <p>*Pre-Registration Required Legend: (subject to change)</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">M (Millennium) 1-2-3</td> <td style="width: 50%;">HR-Health Room</td> </tr> <tr> <td>L-Lobby</td> <td>H-Hearth</td> </tr> <tr> <td>R-Rotary</td> <td>CB-Coffee Bar</td> </tr> <tr> <td>CR-Conference Room</td> <td>OS-Off Site</td> </tr> <tr> <td>P-Pool Room</td> <td>LGB-Les Gove Bldg</td> </tr> <tr> <td>C-Computer Resource</td> <td>GYM-Parks Gym</td> </tr> <tr> <td>CC-Community Center</td> <td>LR- Lions Room</td> </tr> </table> </div>	M (Millennium) 1-2-3	HR-Health Room	L-Lobby	H-Hearth	R-Rotary	CB-Coffee Bar	CR-Conference Room	OS-Off Site	P-Pool Room	LGB-Les Gove Bldg	C-Computer Resource	GYM-Parks Gym	CC-Community Center	LR- Lions Room	<p>Check Senior Activity Center or Parks, Arts & Recreation brochures for evening classes.</p>		<p>1</p> <p>8-9.....Silver Sneakers Circuit (CC) 9:30-10:30.....ORCA Card (R) 9:30-10:30.....Sail (M2) 10-12.....Hopelink (L) 11-12.....* Gentle Yoga (CC) 12:45-3:30.....Pinochle Party (L & R) 12:45.....* Senior Golf (AGC) 1-2.....Self Defense Tips (LR) 2-4.....Line Dancing (M2-3) 5-9.....Extended Hours 6-8.....Painting Club (LR)</p>	<p>2</p> <p>9-3:30.....* Naches Loop 9-11:30.....Karaoke (M1) 9-12.....Food Pantry (M1) 10-3.....Respite (LR) 10-12:30.....Contract Bridge (R) 10-12.....Computer Tutor (C) 10-11:30.....Social & Criminal Justice Series (M1) 1-4:30.....Scrabble (L) 2-4:30.....Table Tennis (M2-3) 2-3.....* Silver Sneakers Classic (CC)</p>
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<p>5</p> <p>9-4.....* Footcare (HR) 9-11.....Zentangle (LR) 9:15-2:15.....* Kayaking: Gig Harbor 9:30-11:30.....Karaoke (M1) 9:45-3:45.....* Tacoma Rainiers 10-2.....Mah Jongg (R) 10-12.....Independent Living Specialist (L) 1-4:30.....Scrabble (L) 1:30-3:30.....Computer Tutor (C) 2-3.....* Silver Sneakers Classic (CC) 4-8.....Line Dancing Group (LR) 4-8.....Straight Pool (P) 5-9.....Extended Hours 5:30-8.....Pinochle Party (L)</p>	<p>6</p> <p>8-9.....Silver Sneakers Circuit (CC) 9-10.....Wellness Meeting (CR) 9:30-11:30.....Canasta (L) 9:30-10:30.....Sail (M2) 10-12.....* Massage (HR) 10-12.....Book Club (LR) 11-12.....* Gentle Yoga (CC) 12:30-2.....Computer Tutor (C) 12:45-3:30.....Pinochle Party (L & R) 12:45-2:30.....Bingo (LR) 2-4:30.....Table Tennis (M2-3) 5-9.....Extended Hours 5:30-8.....Mexican Train Dominoes (L)</p>	<p>7</p> <p>9:30-3.....Pantry Set up (M1) 10:15-11.....Gameshow (R) 1-3.....Scotch Double Pool Tournament (P) 1-3.....Veterans Meeting (CR) 1-3:30.....Movie: Mary Poppins Returns (R) 2-3.....* Silver Sneakers Classic (CC) 4:30-11:15.....* Charlie & the Chocolate Factory 4:30-6:30.....Movie: Mary Poppins Returns (R) 5-9.....Extended Hours 5:30-8.....Mexican Train Dominoes (L)</p>	<p>8</p> <p>8-9.....Silver Sneakers Circuit (CC) 9-1.....Food Pantry (M1) 9:30-10:30.....Sail (CC) 10-11.....Coffee Hour w/ Councilmembers (R) 11-12.....* Gentle Yoga (CC) 12:45-3:30.....Pinochle Party (L & R) 12:45.....* Senior Golf (AGC) 2-4.....Line Dancing (M2-3) 5-9.....Extended Hours 6-8.....Painting Club (LR)</p>	<p>9</p> <p>8:30-4.....* Mt Rainier Scenic Railroad 9-11:30.....Karaoke (M1) 10-3.....Respite (LR) 10-12:30.....Contract Bridge (CR) 10-12.....Computer Tutor (C) 10-11:30.....Social & Criminal Justice Series (R) 1-4:30.....Scrabble (L) 2-4:30.....Table Tennis (M2-3) 2-3.....* Silver Sneakers Classic (CC)</p>														
<p>12</p> <p>9-4.....* Footcare (HR) 9-11.....Zentangle (LR) 9:30-11:30.....Karaoke (M1) 10-2.....Mah Jongg (R) 1-4:30.....Scrabble (L) 1:30-3:30.....Computer Tutor (C) 2-3.....* Silver Sneakers Classic (CC) 4-8.....Line Dancing Group (LR) 4-8.....Straight Pool (P) 4:45-5:30.....* Senior Dinner (M2-3) 5-9.....Extended Hours 5:30-8.....Pinochle Party (L)</p>	<p>13</p> <p>8-9.....Silver Sneakers Circuit (CC) 9:30-2:30.....* Remlinger Farms 9:30-11:30.....Canasta (L) 9:30-10:30.....Sail (M2) 10-12.....* Massage (HR) 10-11.....Wellness Workshop: Digestion (LR) 11-12.....* Gentle Yoga (CC) 12:30-2.....Computer Tutor (C) 12:45-3:30.....Pinochle Party (L & R) 2-4:30.....Table Tennis (M2-3) 5-9.....Extended Hours 5:30-8.....Mexican Train Dominoes (L)</p>	<p>14</p> <p>10:30-12.....Music by Country Fever (M1-2) 11:30-12:30.....Summer BBQ (M2-3) 12:45-3:45.....* Pool Tournament (P) 1-3.....Veterans Meeting (CR) 1-3:30.....Movie: A Dog's Purpose (R) 2-3.....* Silver Sneakers Classic (CC) 4:30-6:30.....Movie: a Dog's Purpose (R) 5-9.....Extended Hours 5:30-8.....Mexican Train Dominoes (L)</p>	<p>15</p> <p>8-9.....Silver Sneakers Circuit (CC) 8:30-4:30.....* Dental Services (HR) 9:15-4.....* Bike: Snohomish 9:30-10:30.....Sail (M2) 11-12.....* Gentle Yoga (CC) 11:30-12:30.....Birthday/Anniversary Celebration (M 2-3) 12:45-3:30.....Pinochle Party (L & R) 12:45.....* Senior Golf (AGC) 1-1:45.....Iphones (LR) 1:45-2:30.....Android Phone (LR) 2-4.....Line Dancing (M2-3) 5-9.....Extended Hours 6-8.....Painting Club (LR)</p>	<p>16</p> <p>6:45-3:45.....* Paradise High Lakes Loop 8:30-4:30.....* Dental Services (HR) 9-11:30.....Karaoke (M1) 10-3.....Respite (LR) 10-12:30.....Contract Bridge (R) 10-12.....Computer Tutor (C) 10-11:30.....Social & Criminal Justice Series (M1) 1-4:30.....Scrabble (L) 2-4:30.....Table Tennis (M2-3) 2-3.....* Silver Sneakers Classic (CC)</p>														
<p>19</p> <p>9-4.....* Footcare (HR) 9-11.....Zentangle (LR) 9:30-11:30.....Karaoke (M1) 10-2.....Mah Jongg (R) 10-12.....Independent Living Specialist (L) 1-4:30.....Scrabble (L) 1:30-3:30.....Computer Tutor (C) 2-3.....* Silver Sneakers Classic (CC) 4-8.....Straight Pool (P) 5-9.....Extended Hours 5:30-8.....Pinochle Party (L)</p>	<p>20</p> <p>8-9.....Silver Sneakers Circuit (CC) 9:30-11:30.....Canasta (L) 9:30-10:30.....Sail (M2) 10-12.....* Massage (HR) 10-11:30.....Advisory Council (LR) 11-12.....* Gentle Yoga (CC) 12:30-2.....Computer Tutor (C) 12:45-3:30.....Pinochle Party (L & R) 12:45-2:30.....Bingo (LR) 2-4:30.....Table Tennis (M2-3) 5-9.....Extended Hours 5:30-8.....Mexican Train Dominoes (L)</p>	<p>21</p> <p>9-12:45.....* SHIBA & SRA (HR) 10:30-12.....Music by: Rio Rockers (M1-2) 11-2.....* Tides Tavern 12:45-3:45.....* Pool Tournament (P) 1-3.....Veterans Meeting (CR) 1-3:30.....Movie: On the Basis of Sex (R) 2-3.....* Silver Sneakers Classic (CC) 4:30-6:30.....Movie: On the Basis of Sex (R) 5-9.....Extended Hours 5:30-8.....Mexican Train Dominoes (L)</p>	<p>22</p> <p>8-9.....Silver Sneakers Circuit (CC) 9:30-10:30.....Sail (M2) 11-12.....* Gentle Yoga (CC) 12:45-3:30.....Pinochle Party (L & R) 12:45.....* Senior Golf (AGC) 2-4.....Line Dancing (M2-3) 5-9.....Extended Hours 6-8.....Painting Club (LR)</p>	<p>23</p> <p>7:45-4:45.....* Burroughs Mt 9-11:30.....Karaoke (M1) 10-3.....Respite (LR) 10-12:30.....Contract Bridge (R) 10-12.....Computer Tutor (C) 10-11:30.....Social & Criminal Justice Series (M1) 1-4:30.....Scrabble (L) 2-4:30.....Table Tennis (M2-3) 2-3.....* Silver Sneakers Classic (CC)</p>														
<p>26</p> <p>8:30-12:30.....* Drivers Safety (LR) 9-4.....* Footcare (HR) 9:30-11:30.....Karaoke (M1) 10-2.....Mah Jongg (R) 11-12.....Blood Pressure Clinic (L) 1-2:30.....Office Volunteer Meeting (CR) 1-4:30.....Scrabble (L) 1:30-3:30.....Computer Tutor (C) 2-3.....* Silver Sneakers Classic (CC) 4-8.....Line Dancing Group (LR) 4-8.....Straight Pool (P) 5-9.....Extended Hours 5:30-8.....Pinochle Party (L)</p>	<p>27</p> <p>8-9.....Silver Sneakers Circuit (CC) 8:30-12:30.....* Drivers Safety (LR) 9:30-2:30.....* Enumclaw to White River 9:30-11:30.....Canasta (L) 9:30-10:30.....Sail (M2) 10-12.....* Massage (HR) 11-12.....* Gentle Yoga (CC) 12:30-2.....Computer Tutor (C) 12:45-3:30.....Pinochle Party (L & R) 2-4:30.....Table Tennis (M2-3) 5-9.....Extended Hours 5:30-8.....Mexican Train Dominoes (L)</p>	<p>28</p> <p>9-12:45.....* SHIBA & SRA (HR) 10:30-12.....Music by Country Fever (M1-2) 11:15-5:15.....* Mariners Game 12:45-3:45.....* Pool Tournament (P) 1-3.....Veterans Meeting (CR) 1-3:30.....Movie: Breakfast at Tiffany's (R) 2-3.....* Silver Sneakers Classic (CC) 4:30-6:30.....Movie: Breakfast at Tiffany's (R) 5-9.....Extended Hours 5:30-8.....Mexican Train Dominoes (L)</p>	<p>29</p> <p>8-9.....Silver Sneakers Circuit (CC) 9:30-10:30.....Sail (M2) 11-12.....* Gentle Yoga (CC) 12:45-3:30.....Pinochle Party (L & R) 12:45.....* Senior Golf (AGC) 2-4.....Line Dancing (M2-3) 5-9.....Extended Hours 6-8.....Painting Club (LR)</p>	<p>30</p> <p>9-11:30.....Karaoke (M1) 10-3.....Respite (LR) 10-12:30.....Contract Bridge (R) 10-12.....Computer Tutor (C) 1-4:30.....Scrabble (L) 2-4:30.....Table Tennis (M2-3) 2-3.....* Silver Sneakers Classic (CC)</p>														

SEPTEMBER 2019

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2	3	4	5	6														
HAPPY LABOR DAY! CENTER CLOSED	8-9.....Silver Sneakers Circuit (CC) 9-10.....Wellness Meeting (CR) 9:30-11:30.....Canasta (L) 9:30-10:30.....Sail (M2) 10-12.....* Massage (HR) 10-12.....Book Club (LR) 11-12.....* Gentle Yoga (CC) 12:30-2.....Computer Tutor (C) 12:45-3:30.....Pinochle Party (L & R) 12:45-2:30.....Bingo (LR) 2-4:30.....Table Tennis (M2-3) 5-9.....Extended Hours 5:30-8.....Mexican Train Dominoes (L)	9-12.....* Acrylics (LR) 9:30-3.....Pantry Set up (M1) 10:15-11.....Gameshow (R) 11-2.....* McMenamins 1-3.....Scotch Double Pool Tournament (P) 1-3.....Veterans Meeting (CR) 1-2.....* Beginning Spanish (LR) 1-3:30.....Movie: The Greatest Showman (R) 2-3.....* Silver Sneakers Classic (CC) 4:30-6:30.....Movie: The Greatest Showman (R) 5-9.....Extended Hours 5:30-8.....Mexican Train Dominoes (L)	8-9.....Silver Sneakers Circuit (CC) 9-1.....Food Pantry (M1) 9:15-2:15.....* Kayaking: Lake Union 9:30-10:30.....ORCA Card (L) 9:30-10:30.....Sail (CC) 11-12.....* Gentle Yoga (CC) 12:45-3:30.....Pinochle Party (L & R) 12:45.....* Senior Golf (AGC) 1-2.....Five Wishes (LR) 2-4.....Line Dancing (M2-3) 5-9.....Extended Hours	7:45-4:45.....* Longmire to Carter Falls 9-11:30.....Karaoke (M1) 9-12.....Food Pantry (M1) 10-3.....Respite (LR) 10-12:30.....Contract Bridge (R) 10-12.....Computer Tutor (C) 1-4:30.....Scrabble (L) 2-4:30.....Table Tennis (M2-3) 2-3.....* Silver Sneakers Classic (CC)														
9	10	11	12	13														
9-5.....* Overnight Hike 9-4.....* Footcare (HR) 9-11.....Zentangle (LR) 9:30-11:30.....Karaoke (M1) 10-2.....Mah Jongg (R) 1-4:30.....Scrabble (L) 1:30-3:30.....Computer Tutor (C) 2-3.....* Silver Sneakers Classic (CC) 4-8.....Line Dancing Group (LR) 4-8.....Straight Pool (P) 4:45-5:30.....* Senior Dinner (M2-3) 5-9.....Extended Hours 5:30-8.....Pinochle Party (L)	8-9.....Silver Sneakers Circuit (CC) 9-5.....* Overnight Hike 9:30-2:30.....* Miller Sylvania 9:30-11:30.....Canasta (L) 9:30-10:30.....Sail (M2) 10-12.....* Massage (HR) 10-11.....Wellness Workshop (LR) 11-12.....* Gentle Yoga (CC) 12:30-2.....Computer Tutor (C) 12:45-3:30.....Pinochle Party (L & R) 2-4:30.....Table Tennis (M2-3) 5-9.....Extended Hours 5:30-8.....Mexican Train Dominoes (L)	9-5.....* Overnight Hike 9-12.....* Acrylics (LR) 10:30-12.....Music by Country Fever (M1-2) 12-1:30.....Pickleball (Gym) 12:45-3:45.....* Pool Tournament (P) 1-3.....Veterans Meeting (CR) 1-3:30.....Movie: Molly's Game (R) 2-3.....* Silver Sneakers Classic (CC) 4:30-6:30.....Movie: Molly's Game (R) 5-9.....Extended Hours 5:30-8.....Mexican Train Dominoes (L)	8-5.....* Mt. St Helens 8-9.....Silver Sneakers Circuit (CC) 9:30-11:30.....Senior Volleyball (Gym) 9:30-10:30.....Sail (M2) 10-11.....Coffee Hour w/ Councilmembers (R) 11-12.....* Gentle Yoga (CC) 11:30-12:30.....Summer BBQ (M2-3) 12-1:30.....Pickleball (Gym) 12:45-3:30.....Pinochle Party (L & R) 12:45.....* Senior Golf (AGC) 1-2.....What is Elder Abuse? (LR) 2-4.....Line Dancing (M2-3) 5-9.....Extended Hours 6-8.....Painting Club (LR)	9-11:30.....Karaoke (M1) 10-3.....Respite (LR) 10-12:30.....Contract Bridge (R) 10-12.....Computer Tutor (C) 10-11:30.....Knife Sharpening 1-4:30.....Scrabble (L) 2-4:30.....Table Tennis (M2-3) 2-3.....* Silver Sneakers Classic (CC)														
16	17	18	19	20														
9-4.....* Footcare (HR) 9-11.....Zentangle (LR) 9:15-4.....* Bike: East Lake Sammamish 9:30-11:30.....Karaoke (M1) 10-2.....Mah Jongg (R) 10-12.....Independent Living Specialist (L) 12-1:30.....Pickleball (Gym) 1-4:30.....Scrabble (L) 1:30-3:30.....Computer Tutor (C) 2-3.....* Silver Sneakers Classic (CC) 4-8.....Straight Pool (P) 5-9.....Extended Hours 5:30-8.....Pinochle Party (L)	8-9.....Silver Sneakers Circuit (CC) 9:30-11:30.....Canasta (L) 9:30-11:30.....Senior Volleyball (Gym) 9:30-10:30.....Sail (M2) 10-12.....* Massage (HR) 10-11:30.....Advisory Council (LR) 11-12.....* Gentle Yoga (CC) 12-1:30.....Pickleball (Gym) 12:30-2.....Computer Tutor (C) 12:45-3:30.....Pinochle Party (L & R) 12:45-2:30.....Bingo (LR) 2-4:30.....Table Tennis (M2-3) 2-2:30.....Travel Presentation (M1) 5-9.....Extended Hours 5:30-8.....Mexican Train Dominoes (L)	9-12:45.....* SHIBA & SRA (HR) 9-12.....* Acrylics (LR) 10:30-12.....Music by: Rio Rockers (M1-2) 12-1:30.....Pickleball (Gym) 12:45-3:45.....* Pool Tournament (P) 1-3.....Veterans Meeting (CR) 1-3:30.....Movie: Leisure Seeker (R) 2-3.....* Silver Sneakers Classic (CC) 4:15-7:45.....* Calcutta Grill 4:30-6:30.....Movie: Leisure Seeker (R) 5-9.....Extended Hours 5:30-8.....Mexican Train Dominoes (L)	8-9.....Silver Sneakers Circuit (CC) 8:30-4:30.....* Dental Services (HR) 9-3.....* Chihuly Garden 9:30-11:30.....Senior Volleyball (Gym) 9:30-10:30.....Sail (M2) 11-12.....* Gentle Yoga (CC) 11:30-12:30.....Birthday/Anniversary Celebration (M 2-3) 12-1:30.....Pickleball (Gym) 12:45-3:30.....Pinochle Party (L & R) 12:45.....* Senior Golf (AGC) 1-1:45.....Iphones (LR) 1:45-2:30.....Android Phone (LR) 2-4.....Line Dancing (M2-3) 5-9.....Extended Hours 6-8.....Painting Club (LR)	7:45-4:45.....* Lake 22 8:30-4:30.....* Dental Services (HR) 9-11:30.....Karaoke (M1) 10-3.....Respite (LR) 10-12:30.....Contract Bridge (R) 10-12.....Computer Tutor (C) 1-4:30.....Scrabble (L) 2-4:30.....Table Tennis (M2-3) 2-3.....* Silver Sneakers Classic (CC)														
23	24	25	26	27														
8:30-12:30.....* Drivers Safety (LR) 9-4.....* Footcare (HR) 9-11.....Zentangle (LR) 9:30-11:30.....Karaoke (M1) 10-2.....Mah Jongg (R) 11-12.....Blood Pressure Clinic (L) 12-1:30.....Pickleball (Gym) 1-4:30.....Scrabble (L) 1:30-3:30.....Computer Tutor (C) 2-3.....* Silver Sneakers Classic (CC) 4-8.....Line Dancing Group (LR) 4-8.....Straight Pool (P) 5-9.....Extended Hours 5:30-8.....Pinochle Party (L)	8-9.....Silver Sneakers Circuit (CC) 8:30-12:30.....* Drivers Safety (LR) 9:30-2:30.....* Capitol Lake 9:30-11:30.....Canasta (L) 9:30-11:30.....Senior Volleyball (Gym) 9:30-10:30.....Sail (M2) 10-12.....* Massage (HR) 11-12.....* Gentle Yoga (CC) 12-1:30.....Pickleball (Gym) 12:30-2.....Computer Tutor (C) 12:45-3:30.....Pinochle Party (L & R) 2-4:30.....Table Tennis (M2-3) 5-9.....Extended Hours 5:30-8.....Mexican Train Dominoes (L)	9-12:45.....* SHIBA & SRA (HR) 9-12.....* Acrylics (LR) 10:30-12.....Music by Country Fever (M1-2) 12-1:30.....Pickleball (Gym) 12:45-3:45.....* Pool Tournament (P) 1-3.....Veterans Meeting (CR) 1-3:30.....Movie: O Brother, Where Art Thou? (R) 2-3.....* Silver Sneakers Classic (CC) 4:30-6:30.....Movie: O Brother, Where Art Thou? (R) 5-9.....Extended Hours 5:30-8.....Mexican Train Dominoes (L)	8-9.....Silver Sneakers Circuit (CC) 9-12.....Wellness Vendor Fair (Gym) 9-10.....Host/Hostess/Barista Meeting (M1) 9:30-11:30.....NO Senior Volleyball 9:30-10:30.....Sail (CC) 11-12.....* Gentle Yoga (CC) 11:45-1.....* Wellness Fair Lunch (M1-3) 12-1:30.....NO Pickleball 12:45-3:30.....NO Pinochle Party (L & R) 2-4.....Line Dancing (M2-3) 5-9.....Extended Hours 6-8.....Painting Club (LR)	9-3:30.....* Arboretum 9-11:30.....Karaoke (M1) 10-3.....Respite (LR) 10-12:30.....Contract Bridge (R) 10-12.....Computer Tutor (C) 1-4:30.....Scrabble (L) 2-4:30.....Table Tennis (M2-3) 2-3.....* Silver Sneakers Classic (CC)														
30																		
9-4.....* Footcare (HR) 9-11.....Zentangle (LR) 9:30-11:30.....Karaoke (M1) 10-2.....Mah Jongg (R) 12-1:30.....Pickleball (Gym) 1-2:30.....Office Volunteer Meeting (CR) 1-4:30.....Scrabble (L) 1:30-3:30.....Computer Tutor (C) 2-3.....* Silver Sneakers Classic (CC) 4-8.....Line Dancing (Group) 4-8.....Straight Pool (P) 5-9.....Extended Hours 5:30-8.....Pinochle Party (L)				<div style="border: 2px solid black; padding: 10px;"> <p>*Pre-Registration Required Legend: (subject to change)</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">M (Millennium) 1-2-3</td> <td style="width: 50%;">HR-Health Room</td> </tr> <tr> <td>L-Lobby</td> <td>H-Hearth</td> </tr> <tr> <td>R-Rotary</td> <td>CB-Coffee Bar</td> </tr> <tr> <td>CR-Conference Room</td> <td>OS-Off Site</td> </tr> <tr> <td>P-Pool Room</td> <td>LGB-Les Gove Bldg</td> </tr> <tr> <td>C-Computer Resource</td> <td>GYM-Parks Gym</td> </tr> <tr> <td>CC-Community Center</td> <td>LR- Lions Room</td> </tr> </table> <p style="text-align: center; font-weight: bold; font-size: 1.2em;">Check Senior Activity Center or Parks, Arts & Recreation brochures for evening classes.</p> </div>	M (Millennium) 1-2-3	HR-Health Room	L-Lobby	H-Hearth	R-Rotary	CB-Coffee Bar	CR-Conference Room	OS-Off Site	P-Pool Room	LGB-Les Gove Bldg	C-Computer Resource	GYM-Parks Gym	CC-Community Center	LR- Lions Room
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