Si View Metro Parks
Snoqualmie Valley Track Club Jr. Wildcat Track and Field Team
2019 Track Meet – Snoqualmie Valley

Date: Thursday, June 13
Location: Mt Si High School, 8651 Meadowbrook Way S.E, Snoqualmie 98065

Time: Meet begins 5:30pm.
Field Events for 5-6 and 7-8 yr olds begin at 5:30pm. 9-10 yr olds can begin at 5:50pm. 11+ can begin at 6:15pm.

Participants may enter any combination of field and running events to = 3 events.

Running events in order: Report to running event area when your age event/group is called. (Please don't come early – it gets too crowded!)
Starting between 5:30pm and 5:45pm.

**50m: 9-10, 7-8, 5-6**
**1600m pace run (4 complete laps):** All ages 7-14. Ages/genders placed together or separately.
**100m:** 5-6; 7-8; 9-10; 11-12; 13-14
**400m:** 7-8; 9-10; 11-12; 13-14
**25m:** 5-6;
**200m:** 7-8; 9-10; 11-12; 13-14
**800m pace run (2 complete laps):** Two sections, if necessary.
  - **Section 1** ages 11-12 and 13-14.
  - **Section 2** ages 9-10 and 7-8.

Field Events.
Please be advised that it is often difficult to hear running event announcements while at the field events. Each participant is responsible for making it to his/her chosen events.

**Running LJ** (5-6; 7-8; 9-10; 11-12; 13-14) 2 jumps for measurement per participant.
**Turbo Javelin** (5-6; 7-8; 9-10; 11-12; 13-14) 2 throws for measurement per participant.